

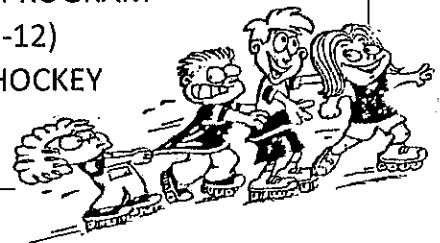
# big wheel



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 (570) 424-5499

## OCTOBER 2018

SUN	MON	TUES	WED	THUR	FRI	SAT
SESSION 12-4 PM \$6.00	SESSION 3-6 PM \$5.00	SESSION 3-6 PM \$5.00	SESSION 3-6 PM \$5.00	SESSION 3-6 PM \$5.00	TINY TOTS 12-2 PM \$5.00	TINY TOTS 10-11:30 AM \$5.00
 SKATE RENTAL EXTRA FOR ALL SESSIONS QUADS \$1.50 INLINES \$3.50 					SESSION 3-6PM \$5.00	SESSION 12-6PM \$7.00
NATIONAL ROLLER SKATING MONTH RAFFLES EVERY SATURDAY 12-6 PM					SESSION 6:30-10:30PM \$8.00	SESSION 6:30-10:30PM \$8.00
<ul style="list-style-type: none"> <li>HALLOWEEN ADULT NIGHT: COSTUME CONTEST + RAFFLE (AGES 18 UP ONLY) FRIDAY 19<sup>TH</sup> 6:30-10:30</li> <li>BLACK OUT SKATE FRIDAY 26<sup>TH</sup> 6:30-10:30</li> <li>HALLOWEEN SKATE: COSTUME CONTEST + RAFFLE SATURDAY 27<sup>TH</sup> 12-6 &amp; 6:30-10:30</li> <li>TRICK OR TREAT SKATE WEDNESDAY 31<sup>ST</sup> 3:00-6:00</li> </ul>					DOUBLE SESSION 3-10:30PM \$11.50	DOUBLE SESSION 12-10:30PM \$13.50
HOME SCHOOL SKATE THIRD THURSDAY EVERY MONTH SEPTEMBER THROUGH MAY 12:30-2:30 ONLY \$5 ADMISSION						
TINY TOTS (AGES 5 AND UNDER) FRIDAYS 12-2PM & SATURDAYS 10-11:30 AM ADMISSION \$5.00 INCLUDES SKATE RENTAL!				TINY TOTS HALLOWEEN PARTY FRIDAY 26 <sup>TH</sup> 12-2 PM		
BEFORE/AFTER SCHOOL STARTS AUGUST 27 <sup>TH</sup> 6:30 AM TILL BUS \$30/WK BUS TILL 6:30 PM \$35/WK \$35 REGISTRATION FEE			<ul style="list-style-type: none"> <li>BIRTHDAY PARTIES-BOOK YOUR PARTY ONLINE!</li> <li>PRIVATE PARTIES</li> <li>FUNDRAISERS</li> <li>TINY TOTS PRE-SCHOOL PROGRAM (AGES 5 &amp; UNDER)</li> <li>BEFORE AND AFTER SCHOOL PROGRAM</li> <li>SUMMER DAY CAMP (AGES 5-12)</li> <li>ADULT AND YOUTH ROLLER HOCKEY</li> <li>ROLLER SKATING LESSONS</li> <li>MONTHLY MEMBERSHIPS</li> </ul>			
PUBLIC SESSION MONDAY-FRIDAY 6:30-8:30 AM \$5.00						



# HALLOWEEN ADULT NIGHT

FRIDAY 19<sup>TH</sup> 6:30-10:30PM \$8

SKATE RENTAL EXTRA

AGES 18+ ONLY!

COSTUME CONTEST & RAFFLES

## BLACK OUT SKATE

FRIDAY 26<sup>TH</sup> 6:30-10:30PM \$8

SKATE RENTAL EXTRA

NEON/GLOW ATTIRE

\*\*BLACK-OUT FOR MOST OF THE NIGHT\*\*

## HALLOWEEN SKATE

SATURDAY 27<sup>TH</sup> 12-6PM \$7 & 6:30-10:30PM \$8

SKATE RENTAL EXTRA

COSTUME CONTEST & RAFFLES

HALLOWEEN TRIVIA



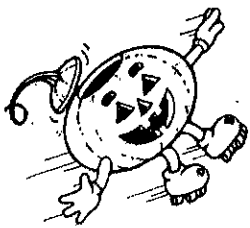
## TRICK OR TREAT SKATE

WEDNESDAY 31<sup>ST</sup> 3-6PM \$5

SKATE RENTAL EXTRA

WEAR HALLOWEEN COSTUME FOR \$1 OFF

SAY TRICK OR TREAT AT ADMISSION WINDOW FOR CANDY!



# ▶ NATIONAL ROLLER SKATING MONTH ◀

- 30 MINUTES OF ROLLER SKATING PRODUCES A HEART RATE OF AT LEAST 148 BEATS PER MIN.
- SKATING 1 HOUR PER WEEK = 600 CALORIES
- SKATING CAUSES 50% LESS STRESS TO JOINTS THAN RUNNING
- ROLLER SKATING WORKS MOST MUSCLE GROUPS INCLUDING: GLUTES, QUADS, ABS, CALVES, AND ARMS
- ROLLER SKATING BUILDS STRENGTH AND INCREASES MUSCLE ENDURANCE
- ROLLER SKATING IS 2x SAFE THAN A PLAY GROUND, 3x SAFER THAN FOOTBALL & BASEBALL, 4x SAFER THAN BASKETBALL & 5x SAFER THAN RIDING A BIKE!

▶ MONTHLY MEMBERSHIP ONLY \$30 MONDAY-FRIDAY 3PM-6PM ◀

# BACK TO SCHOOL SKATE

**SUNDAY OCTOBER 7<sup>TH</sup>**

**NOON – 4 PM**

**\$6 ADMISSION**

**SKATE RENTAL EXTRA**

**QUADS \$1.50 | INLINES \$3.50**

**BRING SCHOOL ID FOR \$1 OFF  
ADMISSION!**

**FIRST 50 PEOPLE WITH AN ID WILL  
RECEIVE A FREE SNOW CONE!**

# BACK TO SCHOOL SKATE

# Big Wheel Youth Roller Hockey Leagues 2017-2018

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**\*\*\*EQUIPMENT RENTAL AVAILABLE \*\*\***

**Helmet \$3.00, Gloves \$3.00, Elbow/Shin \$3.00 ea.  
Per 4 week session. (Lease-purchase option)  
Skates \$3.00 per day for a trial period only  
Must purchase stick.**

**\*\*If renting equipment a credit card must be kept on file  
for automatic payment of the monthly rental and league fee.\*\***

**\$25.00 REGISTRATION FEE**

**ONE-TIME TRIAL FEE \$10.00 on first day of each session only**

**HALF PRICE SKATING-JUNE-SEPTEMBER**

**With 3 Played Sessions- (EXCLUDING ANY SPECIAL SESSIONS)**

**AGES 6 – 15**

**ONLY \$35.00 PER SESSION**

**12 and under 4:00 – 5:00 PM SUNDAYS**

**12 and up 5 – 6:15 PM SUNDAYS**

**(League fees are due in full on or before the 1<sup>st</sup> game each session)**

**(10% DISCOUNT IF PAID IN FULL FOR ALL SIX SESSIONS)**

**NO HOCKEY: CHRISTMAS EVE, NEW YEARS EVE, SUPER BOWL,  
EASTER, & MOTHERS DAY**

**SESSIONS:**

- |                                    |                                   |
|------------------------------------|-----------------------------------|
| <b>1. NOV. 5, 12, 19, 26</b>       | <b>4. FEB. 18, 25, MAR. 4, 11</b> |
| <b>2. DEC. 3, 10, 17, JAN. 7</b>   | <b>5. MAR. 18, 25, APR. 8, 15</b> |
| <b>3. JAN. 14, 21, 28, FEB. 11</b> | <b>6. APR. 22, 29, MAY 6, 20</b>  |

**BIG WHEEL HAS ZERO TOLERANCE LEVEL FOR  
STICK THROWING, FIGHTING, INSTIGATING FIGHT,  
VERBAL ABUSE AND ABUSING THE PROPERTY.  
ANY OF THE ABOVE WILL BE CAUSE FOR DISMISSAL  
WITH NO REFUND**

**big wheel**



**FAMILY ROLLER SKATING CENTER OF THE POCONOS**

**3226 N. 5<sup>TH</sup> St. East Stroudsburg, Pa 18301**

**570-424-5499**

**[www.bigwheelskating.com](http://www.bigwheelskating.com)**

# ROLLER HOCKEY

## Big Wheel Roller Hockey Leagues 2018-2019

**ADULT ROLLER HOCKEY LEAGUE**  
12 GAME LEAGUE- 120.00 EACH 9 PER TEAM MINIMUM

Each team is required to have a home and away jersey. All games are running time only unless within 1 goal during The last 2 minutes. Three penalties in a game takes player OUT of game and one game suspension. Players must play a minimum of 5 games to qualify for play-offs. Rosters are finalized after week 6 unless approved by the league

**SUNDAYS**  
**GAME TIMES:**  
**6:30-9:30 PM**

IMPORTANT PLEASE READ:  
NO HOCKEY: SUPER BOWL, ST. PATTY'S DAY OR EASTER THIS YEAR

**Session I**  
OCT. 7, 14, 21, 28, NOV. 4, 11, 18, 25, DEC. 2, 9, 16, 23

**Session II**  
JAN. 6, 13, 20, 27, FEB. 10, 17, 24, MAR 3, 10, 24, 31, APR. 7

**Session III**  
TO BE DETERMINED

BIG WHEEL HAS ZERO TOLERANCE LEVEL FOR STICK THROWING, FIGHTING, INSTIGATING A FIGHT, (DROPPING OF GLOVES TO FIGHT, YOU WILL BE OUT FOR THE SEASON WITH NO REFUND OF FEES) VERBAL ABUSE OF ANY NATURE, OR ABUSING THE REFEREE OR BIG WHEEL PROPERTY IS CAUSE FOR BEING REMOVED FROM THE LEAGUE WITHOUT REFUNDS!

# OUR HOCKEY LEAGUE

**big wheel** 

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